



# **MADE TO ORDER PROTEIN SMOOTHIES**

GLUTEN FREE | NO HFCS | 99% FAT FREE

**160**z

Our best-selling blends made with 20g of our whey & casein

# THE DIRTY PEANUT

Chocolate, Peanut Butter & 20g of Protein



### **MOCHA PEANUT BUTTER**

Mocha, Peanut Butter &



MUDSLIDE LATTE Mocha & 20g of Protein



#### **BERRIED IN CHOCOLATE**

Chocolate, Strawberries & 20g of Protein



# **ELVIS' RETURN**

Chocolate, Bananas & 20g of Protein



**MALIBU CHOCOLATE** Chocolate, Pineapples, Coconuts & 20g of

# **TROPICAL BOMBSHELL**

Pineapples, Coconuts, Bananas, 20g of Protein & Metabolism Boost





### **BELLY BUSTER**

Strawberries, Bananas, 20g of Protein & Metabolism Boost



# **ORANGE PEELER**

Oranges, Vanilla, 20g of Protein & Metabolism Boost



# **BERRY BERRY GOOD**

Raspberries, Blueberries, Strawberries, 20g of Protein & Metabolism Boost



### **POMEGRANATE BLISS**

Pomegranate, Wild Cherries, 20g of Protein & Metabolism Boost



#### **SLIM SALLY**

Strawberries, 20g of Protein & Metaholism Roost



#### **WONDER TWINS**

Mangoes, Peaches, 20g of Protein & Metabolism Boost

Includes BCAAs & 20g of our whey & casein protein

# **PEANUT BUTTER POWER**

20g of Protein, Peanut Butter, Non-Dairy Smoothie Creme & BCAAs



# THE KINGPIN

Blueberries, Strawberries, Raspberries, 20g of Protein & BCAAs



### **TWISTED STRAWBERRY**

Strawberries, Bananas, 20g of Protein



# **BERRY BOOM**

Strawberries, 20g of Protein &



# IN THE TROPICS

Pineapples, Coconuts, Bananas, 20g of Protein & BCAAs



#### **CITRUS RUSH** Oranges Vanilla & 20g of Protein

**POM N' CHERRY** 



### **TSUNAMI** Pomegranates, Wild Cherries, BCAAs

& 20g of Protein



#### **POOLSIDE SUNSET** Mangoes, Peaches & 20g of Protein



# THE YACHT CLUB

Chocolate, Pineapples, Coconuts & 20g of Protein



### **CHOCOLATE PEANUT BUTTER**

Chocolate, Peanut Butter, 20g of Protein, Non-Dairy Smoothie Creme & BCAAs



# **MOCHA MANIA**

20g of Protein Chocolate Mocha Non-Dairy Smoothie Creme & BCAAs THE KING KONG



#### Chocolate, Bananas, 20g of Protein & BCAAs

**ISLAND PASSION** Passionfruit, Orange, Guava &



f our whey & casein protein

# **YO YO BERRY**

Raspberries, Blueberries, Strawberries, 20g of Protein & Veggie Boost



# **POMLICIOUS**

Pomegranate, Wild Cherries, 20g of Protein & Veggie Boost



# **STRAWNANA**

Strawberries, Bananas, 20g of Protein & Veggie Boost



# **MALIBU MANGO**

Mangoes, Peaches, 20g of Protein & Veggie Boost

es one Essential & 20g of our whev & casein protein

# **ORANGE PUSH-UP**

Zesty Orange, Creamy Vanilla, Your Choice of One \$.50 Boost & 20g of Protein



### **STRAWBERRY BANANA BLAST**

Strawberries, Banana, Your Choice of One \$.50 Boost & 20g of Protein



### **POMEGRANATE PARADISE**

Pomegranates, Wild Cherries, Your Choice of One \$.50 Boost & 20g of Protein



### **MANGO BLISS**

Mangoes, Peaches, Your Choice of One \$.50 Boost & 20g of Protein **PINA COLADA** 



#### **MADNESS** Pineapples, Coconuts, Your Choice

of One \$.50 Boost & 20g of Protein **PASSIONFRUIT** 



#### **ORANGE GUAVA** Passionfruit, Orange, Guava, Your Choice of One \$.50 Boost & 20g of Protein

**TRIPLE BERRY SENSATION** 



# Blueberries, Strawberries, Raspberries,

Your Choice of One \$.50 Boost & 20g of Protein



### **SUPER STRAWBERRY**

Strawberries, Your Choice of One \$.50 Boost & 20g of Protein



#### One full \* serving of veggies! **Antioxidants!** A blend of multivitamin and energy

TRIM N' TONE

Metabolism Boost

Energy

Multivitamin

RECHARGE

Peanut Butter **STAY FULL** Granola

**MEGA GAINER** 

Extra 20f of Protein Creatine

# **ESSENTIALS**

**Glutamine Multivitamin** 

Your complete multivitami (with added fiber)

**BCAAs** 

**Energy Boost** Enhances energy, focus &

Creatine es muscle size & strength

Fiber

Chocolate

Low-Fat

Fewer calories from fat!

Maintains digestive health Helps repair & grow muscle tissue (packed with BCAA's)

#### **Metabolism Boost** Boosts metabolism & increases the

thermogenic effect on fat loss **ADD-INS** 

Chocolate **Sugar Free** 

**Peanut Butter** 

Mocha

Granola **Veggie Boost** 

More Protein: 20g (Vanilla or Chocolate)

**Peanut Butter** 

\*According to the American Heart Association

Protein

**Includes Glutamine & 20g of our whey & casein protein** 

# **BOARDWALK** COLADA

Chocolate, Pineapples, Coconuts, Glutamine & 20g of Protein



# THE INCREDIBLE **BULK**

Chocolate, Peanut Butter, Glutamine, Non-Dairy Smoothie Creme & 20g of Protein



20g of Protein



### **PEANUT BUTTER PUMP**

Peanut Butter, Glutamine, Non-Dairy Smoothie Creme, & 20g of Protein



# **MOCHA MUSCLE**

Mocha, Glutamine, Non-Dairy Smoothie Creme & 20g of Protein



# **PINK HURRICANE**

Strawberries Rananas Glutamine & 20g of Protein





# **BERRY BUILDER**

Blueberries, Strawberries, Raspberries, Glutamine & 20g of Protein