



Carb Shield

PRODUCT DESCRIPTION

Top Trainer's Carb Shield™ is a powerful fat and carb blocker. This stimulant free formula will also help satisfy your hunger while eating smaller portions.†

60 Servings
120 Capsules

NON GMO, Gluten, Dairy, Soy Free!



KEY INGREDIENTS

- **White Kidney Beans** Aids in weight loss. Helps you feel full longer. Curbs hunger cravings, this also helps with healthy digestion.
- **Chitosan** Attracts fat and binds it to the intestinal wall for elimination. Great for weight reduction. Helps lower cholesterol.
- **Cinnamon** Regulates blood sugar spikes. When less sugar is stored as fat, this translates to better weight loss. Helps lower bad cholesterol.
- **Cassia Nomame** Naturally blocks the absorption of fat into your bloodstream by impairing the enzyme that makes fat breakdown possible. Suppresses hunger & aids in fat burning. Helps Expel excess fluids from the body.
- **Glucomannan** Takes up space in stomach and promotes satiety. Sponges up water in digestive tract reducing absorption of carbs & cholesterol. Reduces absorption of proteins & fats.



Tighten

PRODUCT DESCRIPTION

Tighten™, a premium toning supplement for both men and women, is designed to reduce stubborn fat areas around the stomach, waist, hips and thighs. This stimulant free product will help you with cravings and the urge to snack. So before you have some salt, then some sugar, take Tighten™! ‡

120 Servings
2 month supply

Stimulant, Gluten, Dairy Free!



KEY INGREDIENTS

- **CLA** (conjugated linoleic acid) inhibits lipoprotein lipase, an enzyme that breaks down fats from our diets and stores it in the body. By suppressing this enzyme with Tighten, you will reduce the amount of fat that is stored in your problem areas.
- **L-Carnitine** is an amino acid that transports fatty acids into the mitochondria, where they are burned for energy assisting in weight loss.



Torch

PRODUCT DESCRIPTION

Torch™ is an aggressive fat burner supplement with appetite control. Expect moderate, smooth energy while you are dropping the pounds with exercise, a healthy diet and Torch™!‡

60 Servings
2 Month Supply
17 Fat Burning Ingredients
150mg Caffeine (Cup of Coffee)

Gluten, Dairy Free!



KEY INGREDIENTS

- **Caffeine Anhydrous** Made from the dry leaves of the coffee plant, caffeine anhydrous helps increase the amount of calories burned and helps towards increasing any caloric deficit
- **Dandelion Leaf (4:1)** high in fiber, which helps your body shed waste and unwanted water weight.
- **L-carnitine L-Tartrate** It plays a crucial role in the production of energy by transporting fatty acids into your cells' mitochondria. The mitochondria act as engines within your cells, burning these fats to create usable energy.
- **Choline** promotes the body's use of fat and may help the liver dispose of "trapped" fats.
- **Juniper Berry** Helps reduce water weight.
- **Teacrine** Natural Nootropic for Mental Energy & Focus
- **Black Pepper Powder** Boosts Metabolism and helps with absorption of all nutrients.



Slim Smoothie

PRODUCT DESCRIPTION

Slim Smoothie™ is a low calorie, superfood meal replacement. This quick and easy shake gives you much needed nutrition while assisting in your weight loss goals.†

23 Servings
20g Protein
143 Calories

rBGH Free
NON GMO Protein
Gluten Free, Soy Free!



KEY INGREDIENTS

- **rBGH FREE, NON GMO Grass Fed Whey Protein** ElitePro™ contains a much higher biological value than standard whey protein powders, meaning your body is able to digest and absorb more of the protein and nutritional value. Sourced from grass fed cows from small independent farms not treated with rBGH.
(Recombinant Bovine Growth Hormone)
- **Flash Pasteurized** Processed at low temperatures to protect the nutrients in their natural state. Most other whey is heat processed which makes the whey acidic, nutritionally deficient & damages the immuno-supportive micronutrients and amino acids.
- **Chia:** Massive nutrient density with very few calories. Once prized by the aztecs, this superfood is packed with Omega3s. Chia seeds are high in protein and fiber, both of which have been shown to aid weight loss. Chia seeds create a gelatin-like substance in the stomach. This gel-forming action is due to the soluble fiber in chia seeds, and it can work as a prebiotic that supports the growth of probiotics in the gut.
- **Flax** Finely ground Flax, rich in Omega-3 essential fatty acids. High in Fiber. Helps you feel full longer. Digestive health. Rich in Antioxidants.
- **Coconut Oil** Rich in MCTs, The medium chain triglycerides in coconut oil have been shown to increase calories burned over 24 hours by as much as 5%, potentially leading to significant weight loss over the long term.
- **Fiber** Fiber will help Reduce Your Appetite, helping you eat less and feel full.
- **Digestive Enzymes:** You need digestive enzymes, a lot of them to help break down your food into usable nutrients.
 - Lipase** Key Enzyme for digesting fats
 - Protease** Key Enzyme for digesting protein
 - Amylase** Key Enzyme for Digesting Carbohydrates
 - Bromelain** Key Enzyme for reducing inflammation
 - Lactase** Key Enzyme for digesting Lactose
- **Antioxidant Support** Grape Seed & Green Tea are rich sources of antioxidants.

Available in 3 amazing flavors

CHOCOLATE FUDGE

VANILLA CREAM

MOCHA LATTE